iACTcenter Associate Coach (iAC) Training Program

An inclusive community with a passion for making a positive difference in the lives of people with ADHD.

THIS TRAINING PROGRAM INCLUDES:

- **The Foundations Course**

  Advanced Knowledge of ADHD for ADHD Life Coaches:

  Experience 8.5 weeks of advanced ADHD education through 17 immersive, 90-minute classes. Gain insights into the underlying causes of ADHD symptoms and behaviors, enhancing your coaching effectiveness. This program offers 25.5 coach-specific training hours and is valued at $2,800.

- **The Growth Course**

  Coaching Tools for Awareness and Change:

  The Growth Course trains emerging ADHD Life Coaches over 11 weeks and 22 classes, providing tools and strategies to enhance self-awareness and personal growth for clients. Participants will develop an ADHD Life Coaching Toolkit for immediate use, gain experiential insights, and build confidence to facilitate sustainable client change.

  The course offers 33 coach-specific training hours valued at $5,282.

- **CORE Course**

  Essential Coaching Skills for the ADHD Life Coach:

  This 10-week, 20-class course prepares you to become a Certified ADHD Life Coach (CALC) and an ICF-certified coach. You'll learn essential coaching skills, build confidence, and finalize your coaching business elements, and receive mentorship from ICF-credentialed faculty. The course equips you with the skills and mindset needed to create meaningful change for clients with ADHD and other neurodiverse styles, offering 30 coach-specific training hours, a $4,080 value.

OVERVIEW

- Learn advanced ADHD life coaching techniques you can apply in your current role, without needing to start a coaching business or earn an ICF credential.
- One year to complete.
- This training program aims to equip individuals with the knowledge and skills of ADHD Life Coaches, deepening their understanding of ADHD neurodiversity to effectively support those facing ADHD challenges in personal and professional settings.

PLUS

- **The iACTcenter Global Library Your Curated Virtual Learning Hub**

  Your Personalized Learning Hub: The Global Library

  The Global Library acts as your tailored virtual learning center, where all iACTcenter student curricula are neatly organized and easily accessible. This platform allows you to effortlessly revisit materials, listen to lectures, watch videos, or download recordings. It's a goldmine of knowledge, crafted to ensure your success is always within reach! (Truly priceless!)

- **ADHD Life Coach Learning Labs:**

  Practice and Observe Real-Time Coaching

  Join us for engaging Community Coach Learning Labs, featuring interactive live virtual sessions twice a month, each lasting 90 minutes. These sessions offer opportunities to observe live coaching demonstrations, practice your skills in real time, and actively participate in discussions. All of this takes place in a supportive environment where you will receive expert feedback from ICF-credentialed mentor coaches. Experience transformative learning in a collaborative setting, 13.5 coach-specific training hours (valued at $9,800).

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- **6 Hours of Small Group Mentor Coaching Included in Your Tuition**

  Practice and Observe Real-Time Coaching

  Gain additional understanding, skill, and confidence about the competencies and skills of a professional ADHD Life coach to use in your current role during the 6 hours of small-group mentor coaching (6 CCE hours) provided by our iACTcenter-approved, ICF-credentialed Mentor Coach Specialist. (Value $771)

- **The Graduation Accountability Program (GAP):**

  Meet Your Graduation Goals

  Join in the 90-minute monthly gatherings with fellow iACTcenter students and staff during the final phase of your training. These sessions provide the support you want and the accountability you need to reach your graduation goal and earn your certification. Picture yourself holding that hard-earned credential in your hands—these meetings help you get there! 6 Coach-specific training hours (Value: $1200)

TOTAL VALUE:~~$24,437~~+

Your Investment:

$6,300 USD

Payment plans available

Ready to register?

Enroll Now

CLICK HERE

Got Questions? Email us at assist@iACTcenter.com

ICF Coaching Education · ICF Level 1 · ICF Level 2 · iACTcenter