Professional-Certified ADHD Life Coach (P-CALC) Training Program

We're a caring, inclusive community with a passion for making a positive difference in the lives of people with ADHD..

THIS TRAINING PROGRAM INCLUDES:

- **The Foundations Course**

  Advanced Knowledge of ADHD for ADHD Life Coaches:

  Experience an extensive 8.5 weeks of advanced ADHD education through 17 immersive classes, each lasting 90 minutes. Delve deeper than the basics to explore the "why" behind ADHD symptoms, behaviors, and emotions. This course provides valuable insights that empower you to create a significant impact in the lives of those you coach. (25.5 coach-specific training hours | Value: $2,800)

- **The Growth Course**

  Coaching Tools for Awareness and Change:

  Build a practical ADHD Life Coaching Toolkit that empowers you to help clients develop greater self-awareness, create lasting change, and achieve their goals. Through 11 weeks of live, interactive learning (22 classes), you'll practice and refine proven coaching strategies while strengthening your ability to facilitate transformational coaching conversations. 33 coach-specific training hours (Value $5,282).

- **CORE Course**

  Essential Coaching Skills for the ADHD Life Coach:

  This 10-week, 20-class course combines coaching theory, ADHD science, practice, and application to prepare you for graduation and the elite status of a Certified ADHD Life Coach (CALC) and an ICF-certified coach. In this course, you'll become skilled at demonstrating essential coaching skills and competencies, build confidence as you begin coaching clients, finalize key elements of your coaching business, and receive expert mentorship and personalized feedback from 100% ICF-credentialed faculty. Designed to equip you with the skills, ethics, and mindset of a professional coach, this course ensures you're ready to create meaningful change for clients with ADHD and other neurodiverse brain styles. (30 coach-specific training hours | Value: $4080).

OVERVIEW

- This is your chance to elevate your expertise, hone your coaching abilities, and genuinely impact the lives of individuals facing challenges with ADHD and other neurodiverse brain styles.
- Eight months to one year to complete.
- A direct path to earning your certificate as an ADHD Life Coach and applying for your *ICF Professional Certified Coach (PCC) certification.

PREREQUISITES

- Active *ICF Associate Certified Coach (ACC) credentail holder.
- Minimum of 200 Client coaching hours.
- Demonstration of coaching skill at ICF ACC-level.

PLUS

- **The iACTcenter Virtual Global Library:**

  Your Virtual Learning Hub

  The Global Library serves as your comprehensive online learning center, bringing together all iACTcenter student resources in a single, accessible location. You can effortlessly find recordings, tools, templates, and workbooks designed to aid your success. This treasure trove of knowledge is always within your reach! (Truly invaluable!)

- **ADHD Life Coach Learning Labs**

  Practice and Observe Real-Time Coaching

  Join our live virtual Community Coach Learning Labs, held twice a month for 90 minutes each. Participate in coaching demonstrations, hone your skills, and receive valuable feedback from ICF-credentialed mentors. Accumulate 18 coach-specific training hours, valued at $9,800, all within a collaborative and engaging atmosphere!

iACTcenter

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- **The Graduation Accountability Program (GAP):**
  Meet Your Graduation Goals
  Cross the finish line with confidence through monthly 90-minute Graduation Success Meetings. Connect with fellow iACTcenter students for the support, accountability, and guidance that will help you complete your graduation requirements and celebrate the achievement of earning your professional certification. 6 coach-specific training hours. (Value: $1,200)
- **Faculty Office Hours**
  Guidance When You Need It
  Monthly Faculty Office Hours are live, 60-minute Q&A sessions with iACTcenter faculty, where you can get real-time answers, guidance, and encouragement on anything related to your ADHD Life Coach training—saving you time, clearing up confusion, and keeping your momentum strong. (Value: $2,367)
- **ADHD Life Coaching Supervision Sessions**
  Enhance Your Coaching IQ with Our Coach Supervision Dialogue Sessions
  Included with your tuition, these engaging discussions are facilitated by our professionally accredited mentor coaches. They explore real-world coaching scenarios, essential skills, challenges, best practices, and mindset strategies. This monthly support will help you bolster and refine your coaching confidence. (8 coach-specific training hours | Value: $2,964)
- **Enhanced Mentor Coaching**
  Define and Refine Your Skills as an ADHD Life Coach
  Fine-tune your coaching with 10 hours of Enhanced Mentor Coaching. 6 hours of small-group mentor coaching are included in your tuition. Choose an iACTcenter ICF Mentor Coach Specialist that best aligns with your goals, specialty, style, and budget for the remaining personalized 4 sessions of one-on-one Coach Mentoring and Cumulative Competency Review. (Value: $3,175)

PLUS 20% OFF iACTcenter Career Development and Business Building Workshops Offered Live Throughout Your Training!

TOTAL VALUE: ~~$16,667~~+

Your Investment:

$5,700 USD

Payment plans available

Ready to register?

Enroll Now

CLICK HERE

Got Questions? Email us at assist@iACTcenter.com