Certified ADHD Life Coach (CALC) Training Program

An community with a passion for making a positive difference in the lives of people with ADHD.

THIS TRAINING PROGRAM INCLUDES:

- **The Foundations Course**

  Advanced Knowledge of ADHD for ADHD Life Coaches:

  Join our 8.5-week program dedicated to advanced ADHD education, consisting of 17 captivating classes, each lasting 90 minutes. Explore the root causes of ADHD symptoms, behaviors, and emotions, equipping you to make a meaningful difference as a coach. You will earn 25.5 coach-specific training hours, valued at $2,800.

- **The Growth Course**

  Coaching Tools for Awareness and Change:

  The Growth course provides aspiring ADHD Life Coaches with vital tools and techniques to boost self-awareness and support clients' personal growth. Over the span of 11 weeks and 22 classes, you will develop a comprehensive ADHD Life Coaching Toolkit designed to assist clients in reaching their goals. Through interactive learning, you will see how these resources work and build the confidence to drive lasting change.
  (33 coach-specific training hours | Value: $5,282)

- **CORE Course**

  Essential Coaching Skills for the ADHD Life Coach:

  This 10-week, 20-class course combines coaching theory, ADHD science, and practical application to help you become a Certified ADHD Life Coach (CALC) and an ICF-certified coach. You will develop essential coaching skills, gain confidence in working with clients, finalize your coaching business, and receive mentorship from fully ICF-credentialed faculty. Designed to prepare you to make a meaningful impact on clients with ADHD and other neurodiverse brain styles, this program offers 30 coach-specific training hours, valued at $4,080.

OVERVIEW

- Develop the knowledge, coaching skills, and professional competence needed to coach ADHD clients with confidence through more than 124 hours of live, coach-specific training, including coaching supervision and 10 hours of enhanced mentor coaching.
- One year to complete.
- A direct path to applying for your ICF Associate Certified Coach (ACC) and iACTcenter ADHD Life Coach Certification (CALC).
- Build a sustainable and rewarding coaching business with more than 30 hours of comprehensive business development training designed to help you attract clients, grow your practice, and thrive as a professional coach.

THE ONLY ICF-ACCREDITED CERTIFIED ADHD LIFE COACH TRAINING PROGRAM

PLUS

- **The iACTcenter Virtual Global Library:**

  Your Virtual Learning Hub

  The Global Library serves as your comprehensive online learning center, bringing together all iACTcenter student resources in a single, accessible location. You can effortlessly find recordings, tools, templates, and workbooks designed to aid your success. This treasure trove of knowledge is always within your reach!

- **ADHD Life Coach Learning Labs:**

  Practice and Observe Real-Time Coaching

  Join our live virtual Community Coach Learning Labs, held twice a month for 90 minutes each. Participate in coaching demonstrations, hone your skills, and receive valuable feedback from ICF-credentialed mentors. Accumulate 18 coach-specific training hours, valued at $9,800, all within a collaborative and engaging atmosphere!

iACTcenter

Certified ADHD Life Coach (CALC) Training Program

We're an inclusive community with a passion for making a positive difference in the lives of people with ADHD.

- **Business and Coaching Career Building Q & A Meetings**

  Build Your Business One Answer at a Time

  Each month, you will receive exclusive access to Heidi Fishbein, the founder and director of the iACTcenter, to address your business-building inquiries. Discover how to establish a flourishing coaching practice while making a significant impact on the lives of others. (Value: $4,164)

- **Faculty Office Hours**

  Guidance When You Need It

  Monthly Faculty Office Hours are live, 60-minute Q&A sessions with iACTcenter faculty, where you can get real-time answers, guidance, and encouragement on anything related to your ADHD Life Coach training—saving you time, clearing up confusion, and keeping your momentum strong. (Value: $2,367)

- **ADHD Life Coaching Supervision Sessions**

  Enhance Your Coaching IQ and Boost Your Confidence

  By enrolling, you will gain access to our Coach Supervision Dialogue Sessions, tailored to enhance your coaching abilities. These monthly interactive discussions explore real-world coaching situations, address challenges, share best practices, and build mindset strategies. Earn 12 coach-specific training hours (Value: $2,964).

- **Enhanced Mentor Coaching**

  Define and Refine Your Skills as an ADHD Life Coach

  Enhance your expertise with 10 hours of Enhanced Mentor Coaching. 6 hours of small group mentor coaching included in your tuition. Choose an iACTcenter ICF Mentor Coach Specialist that best aligns with your goals, specialty, style, and budget for the remaining personalized 4 sessions of one-on-one Coach Mentoring and Cumulative Competency Review. (Value: $2,175)

- **The Graduation Accountability Program (GAP):**

  Meet Your Graduation Goals

  Cross the finish line with confidence through monthly 90-minute Graduation Success Meetings. Connect with fellow iACTcenter students for the support, accountability, and guidance that will help you complete your graduation requirements and celebrate the achievement of earning your professional certification. 6 coach-specific training hours. (Value: $1,200)

PLUS EXCLUSIVE ACCESS to iACTcenter Career Development and Business Building Workshops Offered Live (and available via recording) Throughout Your Training! (Value:$3450+)

TOTAL VALUE: ~~$39,575~~

Your Investment:

$9,700 USD

Payment plans available

Ready to register?

Enroll Now

CLICK HERE

Got Questions? Email us at assist@iACTcenter.com

iACTcenter