Advanced-Certified ADHD Life Coach (A-CALC) Training Program

An inclusive community with a passion for making a positive difference in the lives of people with ADHD.

THE A-CALC TRAINING PROGRAM INCLUDES:

- **The Foundations Course**
  Advanced Knowledge of ADHD for ADHD Life Coaches
  This extensive 8.5-week course focuses on detailed ADHD education through 17 interactive classes, each lasting 90 minutes. Explore the fundamental causes, or the "whys," behind ADHD symptoms, behaviors, and emotions, empowering you to create a significant impact as a coach. 25.5 coach-specific training hours. (Value $2,800).

- **The Growth Course**
  Coaching Tools for Awareness and Change:
  Build a practical ADHD Life Coaching Toolkit that empowers you to help clients develop greater self-awareness, create lasting change, and achieve their goals. Through 11 weeks of live, interactive learning (22 classes), you'll practice and refine proven coaching strategies while strengthening your ability to facilitate transformational coaching conversations. 33 coach-specific training hours (Value $5,282).

- **The CORE Course**
  Essential Coaching Skills for the ADHD Life Coach:
  This comprehensive 10-week course, consisting of 20 classes, merges coaching theory, ADHD science, and hands-on practice to help you achieve the designation of a Certified ADHD Life Coach (CALC) and learn to demonstrate coaching at an ICF-PCC coaching level. You will gain confidence in client interactions, put the final touches on your coaching business, and begin your coach mentorship from the iACTcenter's fully ICF-accredited faculty. This training is specifically designed to empower you to make a meaningful impact on clients with ADHD and other neurodiverse brain styles. 30 coach-specific training hours. (Value $4,080).

OVERVIEW

- Advance your coaching through more than 175 hours of live, coach-specific training, enhanced by 6 hours of small group mentor coaching included with your tuition and four individually contracted one-on-one mentor coaching sessions.
- One year to complete.
- A direct path to applying for your ICF professional Certified Coach (PCC) and iACTcenter ADHD Life Coach Certification (CALC).
- Establish the groundwork for a thriving coaching practice as an ADHD Life Coach.
- Become a leader and an exceptional professional coach who delivers lasting value to your clients.

THE ONLY APPROVED ICF-ACCREDITED PROGRAM TO CERTIFY ADHD LIFE COACHES

PLUS

- **The iACTcenter Global Library:**
  Your Virtual Learning Hub
  The Global Library is your primary resource for all iACTcenter student materials, conveniently gathered in one accessible location. You can easily access recordings, tools, templates, and workbooks crafted to support your success. This invaluable treasure trove of knowledge is always at your fingertips!

- **Faculty Office Hours**
  Guidance When You Need It
  Monthly Faculty Office Hours are live, 60-minute Q&A sessions with iACTcenter faculty, where you can get real-time answers, guidance, and encouragement on anything related to your ADHD Life Coach training—saving you time, clearing up confusion, and keeping your momentum strong. (Value: $2,367)

- **ADHD Life Coach Learning Labs:**
  Practice and Observe Real-Time Coaching
  Join our live virtual Community Coach Learning Labs, held twice a month for 90 minutes each. Participate in coaching demonstrations, hone your skills, and receive valuable feedback from ICF-credentialed mentors. Accumulate 18 coach-specific training hours, valued at $9,800, all within a collaborative and engaging atmosphere!

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- **Business and Coaching Career Building Q & A Meetings**
  Build Your Business One Answer at a Time
  Each month, you will receive exclusive access to Heidi Fishbein, the founder and director of the iACTcenter, to address your business-building inquiries. Discover how to establish a flourishing coaching practice while making a significant impact on the lives of others. (Value: $4,164)
- **ADHD Life Coaching Supervision Sessions**
  Join our twice-monthly collaborative and engaging 90-minute live virtual Community Coach Learning Labs. Experience coaching demonstrations, practice your skills, and receive valuable feedback from our ICF-credentialed mentors (18 coach-specific training hours | Value $9,800).
- **Enhanced Mentor Coaching**
  Define and Refine Your Skills as an ADHD Life Coach
  Fine-tune your coaching with 10 hours of Enhanced Mentor Coaching. 6 hours of small-group mentor coaching are included in your tuition. Choose an iACTcenter ICF Mentor Coach Specialist that best aligns with your goals, specialty, style, and budget for the remaining personalized 4 sessions of one-on-one Coach Mentoring and Cumulative Competency Review. (Value: $2,175)
- **The Graduation Accountability Program (GAP):**
  Meet Your Graduation Goals
  Cross the finish line with confidence through monthly 90-minute Graduation Success Meetings. Connect with fellow iACTcenter students for the support, accountability, and guidance that will help you complete your graduation requirements and celebrate the achievement of earning your professional certification. 6 coach-specific training hours. (Value: $1,200)
- **Client Referrals**
  We understand that securing your first clients can be challenging, which is why we launched our "Coach Referral Network Program." Boost your confidence and refine your coaching skills by collaborating with real clients eager to partner with iACTcenter students and graduates! This exclusive iACTcenter program connects you with clients who are actively looking to engage with emerging coaches like yourself. It's an excellent opportunity to gain experience and grow your practice! It's a win-win situation—you acquire invaluable coaching experience and hours while clients benefit from your emerging coaching skills. (Invaluable!)
- **Monthly One-Hour Business Masterminds and Coaching Supervision**
  Keep Learning. Keep Growing. Keep Making a Difference.
  Professional coaching is a lifelong journey of learning and growth. Join Executive Director and Master Certified Coach (MCC) Heidi Fishbein each month for exclusive live training that deepens your coaching skills, expands your professional knowledge, and equips you with practical business strategies to build a sustainable coaching practice and better serve your clients.
- **Twice a Month, 90-minute Coaching Triads**
  Where Coaching Skills Become Coaching Confidence
  Professional coaching develops through intentional practice. In twice-monthly Coaching Triads, you'll rotate through the roles of coach, client, and observer, gaining insights from every perspective. As you practice, reflect, and receive supportive feedback, you'll strengthen your coaching skills while earning valuable coaching hours toward your ICF credential. 27 coach-specific training hours. (Value: $6,100)

PLUS EXCLUSIVE ACCESS: Included in your tuition is access to any live virtual iACTcenter Career Development and Business Building Workshops during your training! (Workshops are recorded for easy playback if you can't attend live. (Value: $3,450+).

TOTAL VALUE: ~~$52,248~~+

Your Investment: $14,670 USD

Payment plans available

Ready to register?

Enroll Now

CLICK HERE

Got Questions? Email us at assist@iACTcenter.com